

MIREHAVEN

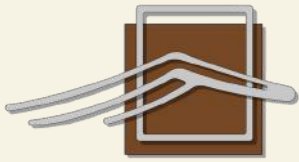
Issue 121

# February 2026 Calendar

## 1-15th



| Sunday                                                                                                                                                                                                    | Monday                                                                                                                                                                                                                                                                                                                                                                                                             | Tuesday                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Wednesday                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Thursday                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Friday                                                                                                                                                                                                                                                                                                           | Saturday                                                                                                                                                                                                                                                                                       |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>1</b><br><b>Running Group &amp; Walk-to-jog 9:00</b><br><b>Pickleball (Women's) 10:00</b><br><b>Golf 10:30</b><br><b>Tee Time 10:30</b><br><b>Hand &amp; Foot 12:30</b>                                | <b>2</b><br><b>MIIT (TJ) 8:45</b><br><b>Pickleball Men's 10:00</b><br><b>Restorative Yoga 10:00(***)</b><br><b>Unbook Club 10:00 (E)</b><br><b>Tennis 11:00</b><br><b>Tai Chi Interest Group 11:20</b><br><b>Ladies Poker 12:30</b><br><b>Men's Poker 12:30</b><br><b>RT1 2:00</b><br><b>RT2 3:00</b><br><b>Pinochle 4:00</b><br> | <b>3</b><br><b>Walking Group 9:00</b><br><b>Pickleball (Women's) 10:00</b><br><b>Regular Yoga (RV) 9:15</b><br><b>AI Club 10:00</b><br><b>Christian Community 10:00</b><br><b>Gentle Yoga (RV) 10:30</b><br><b>Bridge 12:30</b><br><b>Euchre 1:00</b><br><b>MGB 1:00</b><br><b>Mirehaven Meditation 1:30</b><br><b>Pickleball (Co-Ed) 3:00</b><br><b>RT3 3:15</b><br><b>Canasta 5:00</b><br><b>Chinese Mah Jong 5:00</b>                                | <b>4</b><br><b>MIIT (TJ) 8:45</b><br><b>Running/Walk to Jog 9:00</b><br><b>Pickleball (Coed) 10:00</b><br><b>Tai Chi Chih (JKR) 10:00</b><br><b>Qigong 12:00</b><br><b>American Mah Jong 12:30</b><br><b>Poker 12:30</b><br><b>Neighborhood Assoc Mtg 12:30</b><br><b>RT1 2:00</b><br><b>RT2 3:00</b><br><b>Fiber Crafts 3:00</b><br><b>Rummikub 5:00</b>                                                                                                           | <b>5</b><br><b>Walking Group 9:00</b><br><b>Shooting Sports (ABQ Range) 9:00</b><br><b>Regular Yoga (RV) 9:15</b><br><b>Pickleball (Co-Ed) 10:00</b><br><b>Bocce 9:30</b><br><b>Gentle Yoga (RV) 10:30</b><br><b>ARC 11:00</b><br><b>Tennis 11:00</b><br><b>Qigong 12:00</b><br><b>Bridge 12:30</b><br><b>Mexican Train 12:30</b><br><b>Bible Study 2:00</b><br><b>RT3 3:15</b><br><b>DWM Dems 5:00</b>                                                                                  | <b>6</b><br><b>Walking Group 9:00</b><br><b>Cardio &amp; Res (TJ) 10:00</b><br><b>Pickleball (Men's) 10:00</b><br><b>Poker 12:30</b><br><b>Hand &amp; Foot 12:30</b><br><b>Bluegrass Jam 1:00</b><br><b>Chess 1:00</b><br><b>Happy Hour 4:30</b>                                                                 | <b>7</b><br><b>Senior Yoga (TJ) 10:00</b><br><b>Pickleball (Coed) 10:00</b><br><b>German Group 10:00</b><br><b>Scrabble 11:00</b><br><b>Bridge 12:30</b>                                                                                                                                       |
| <b>8</b><br><b>Running Group &amp; Walk-to-jog 9:00</b><br><b>Pickleball (Women's) 10:00</b><br><b>Golf 10:30</b><br><b>Tee Time 10:30</b><br><b>Hand &amp; Foot 12:30</b><br><b>Superbowl Party 4:00</b> | <b>9</b><br><b>MIIT (TJ) 8:45</b><br><b>Pickleball Men's 10:00</b><br><b>Writer's Group 10:00</b><br><b>Restorative Yoga 10:00(***)</b><br><b>Tennis 11:00</b><br><b>Tai Chi Interest Group 11:20</b><br><b>Ladies Poker 12:30</b><br><b>Men's Poker 12:30</b><br><b>RT1 2:00</b><br><b>RT2 3:00</b><br><b>Pinochle 4:00</b>                                                                                       | <b>10</b><br><b>Walking Group 9:00</b><br><b>Pickleball (Women's) 10:00</b><br><b>Regular Yoga (RV) 9:15</b><br><b>Presentation: Top 10 Romantic Comedies 10:00</b><br><b>Conservative Group 10:00</b><br><b>Gentle Yoga (RV) 10:30</b><br><b>Bridge 12:30</b><br><b>Euchre 1:00</b><br><b>MGB 1:00</b><br><b>Mirehaven Meditation 1:30</b><br><b>Pickleball (Co-ed) 3:00</b><br><b>RT3 3:15</b><br><b>Canasta 5:00</b><br><b>Chinese Mah Jong 5:00</b> | <b>11</b><br><b>MIIT (TJ) 8:45</b><br><b>LTC 9:00</b><br><b>Running/Walk to Jog 9:00</b><br><b>Pickleball (Coed) 10:00</b><br><b>Collage Group 10:00</b><br><b>Jewish Group 11:00</b><br><b>Tai Chi Chih (JKR) 10:00</b><br><b>Qigong 12:00</b><br><b>American Mah Jong 12:30</b><br><b>Poker 12:30</b><br><b>RT1 2:00</b><br><b>RT2 3:00</b><br><b>Election Comm 2:00</b><br><b>Fiber Crafts 3:00</b><br><b>Craft Beer Happy Hour 5:00</b><br><b>Rummikub 5:00</b> | <b>12</b><br><b>Walking Group 9:00</b><br><b>Agenda Setting 9:00</b><br><b>Regular Yoga (RV) 9:15</b><br><b>Cup of Cozy 9:30</b><br><b>Pickleball (Co-Ed) 10:00</b><br><b>Bocce 9:30</b><br><b>Gentle Yoga (RV) 10:30</b><br><b>Tennis 11:00</b><br><b>Qigong 12:00</b><br><b>Bridge 12:30</b><br><b>Mexican Train 12:30</b><br><b>Pickleball Skills Clinic 1:00</b><br><b>Bible Study 2:00</b><br><b>Pickleball Mtg 3:00</b><br><b>RT3 3:15</b><br><b>MGB - Meet the Charities 5:00</b> | <b>13</b><br><b>Staff 9:00</b><br><b>Pickleball (Men's) 10:00</b><br><b>Retirement Interest Group 10:00</b><br><b>Cardio &amp; Res (TJ) 10:00</b><br><b>Walking Group 9:00</b><br><b>Poker 12:30</b><br><b>Hand &amp; Foot 12:30</b><br><b>Bluegrass Jam 1:00</b><br><b>Chess 1:00</b><br><b>Happy Hour 4:30</b> | <b>14</b><br><b>Green Bag Pick-Up-Neighborhood Food Project</b><br><b>Senior Yoga (TJ) 10:00</b><br><b>Private Party 10am-12pm</b><br><b>Pickleball (Coed) 10:00</b><br><b>German Group 10:00</b><br><b>Scrabble 11:00</b><br><b>Dinner &amp; Dancing 5-8pm</b><br><b>Happy Valentines Day</b> |
| <b>15</b><br><b>Running Group &amp; Walk-to-jog 9:00</b><br><b>Pickleball (Women's) 10:00</b><br><b>Golf 10:30 Tee Time</b><br><b>Hand &amp; Foot 12:30</b><br><b>Acoustic Jam 1:00</b>                   | <div> <div> <b>SANDIA CENTER HOURS</b><br/> <b>Mon-Fri 6am-7pm</b><br/> <b>Sat-Sun 7am-6pm</b> </div> </div>                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | <div> <div> <b>Fitness Instructors</b><br/> <b>Ruth Vega (RV)</b><br/> <b>Regular Yoga &amp; Gentle Yoga</b><br/> <b>Judy Kistler-Robinson (JKR)</b><br/> <b>Tai Chi Chih</b><br/> <b>Roberta Forester, Tonya Conklin, or Cheri Konis</b><br/> <b>**Restorative Yoga</b><br/> <b>Terri Johnson (TJ)</b><br/> <b>MIIT, Cardio &amp; Res, Senior Yoga, &amp; Stability Ball</b> </div> </div>                                                                                              |                                                                                                                                                                                                                                                                                                                  | <div> <div> <b>Room Key</b><br/> <b>Manzano Room</b><br/> <b>Cottonwood Room</b><br/> <b>Movement Room</b><br/> <b>Sports Court</b><br/> <b>Fitness Room</b><br/> <b>Patio</b><br/> <b>Off-site or Zoom</b><br/> <b>Pool</b> </div> </div>                                                     |



MIREHAVEN

Issue 121

# February 2026 Calendar

## 16th-31st



| Sunday                                                                                                                                              | Monday                                                                                                                                                                                                                                                                                        | Tuesday                                                                                                                                                                                                                                                                                                         | Wednesday                                                                                                                                                                                                                                                                                           | Thursday                                                                                                                                                                                                                                                                      | Friday                                                                                                                                                                                                    | Saturday                                                                                                                                                   |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                     | <b>16</b><br>MIIT (TJ) 8:45<br>Pickleball Men's 10:00<br>Restorative Yoga** 10:00<br>Tennis 11:00<br>Tai Chi Interest Group 11:20<br>Ladies Poker 12:30<br>Men's Poker 12:30<br>RT1 2:00<br>RT2 3:00<br>Pinochle 4:00<br>Book Club 5:30                                                       | <b>17</b><br>Pickleball (Women's) 10:00<br>Walking Group 9:00<br>Regular Yoga (RV) 9:15<br>Gentle Yoga (RV) 10:30<br>Bridge 12:30<br>Tea Time Tuesday 1:00<br>Euchre 1:00<br>Mirehaven Meditation 1:30<br>Pickleball (Co-Ed) 3:00<br>RT3 3:15<br>Writing Workshop 3:00<br>Canasta 5:00<br>Chinese Mah Jong 5:00 | <b>18</b><br>MIIT (TJ) 8:45<br>Running/Walk to Jog 9:00<br>Pickleball (Co-ed) 10:00<br>Tai Chi Chih (JKR) 10:00<br>Qigong 12:00<br>American Mah Jong 12:30<br>Poker 12:30<br>Retirement Investment Interest Group 1:00<br>RT1 2:00<br>RT2 3:00<br>Fiber Crafts 3:00<br>Rummikub 5:00                | <b>19</b><br>Pickleball (Co-ed) 10:00<br>Regular Yoga (RV) 9:15<br>N4N 10:00<br>Gentle Yoga (RV) 10:30<br>Tennis 11:00<br>ARC 11:00<br>Qigong 12:00<br>Bridge 12:30<br>Mexican Train 12:30<br>Bible Study 2:00<br>RT3 3:15<br>Wine Interest Group Outing (TBD)                | <b>20</b><br>Pickleball (Men's) 10:00<br>Cardio & Res (TJ) 10:00<br>Walking Group 9:00<br>Poker 12:30<br>Hand & Foot 12:30<br>Bluegrass Jam 1:00<br>Chess 1:00<br>Birthday Celebration<br>Happy Hour 4:30 | <b>21</b><br>Senior Yoga 10:00<br>Pickleball (Coed) 10:00<br>German Group 10:00<br>Rinconada Hike 10:00<br>Social Duplicate Bridge 12:00<br>Scrabble 11:00 |
| <b>22</b><br>Pickleball (Women's) 10:00<br>Running Group & Walk-to-jog 9:00<br>Golf 10:30<br>Tee Time<br>Hand & Foot 12:30<br>LGBTQ Happy Hour 4:00 | <b>23</b><br>MIIT (TJ) 8:45<br>Pickleball Men's 10:00<br>Restorative Yoga** 10:00<br>Writer's Group 10:00<br>Bucket Buddies 10:00<br>Tennis 11:00<br>Tai Chi Interest Group 11:20<br>Ladies Poker 12:30<br>Men's Poker 12:30<br>Finance Meeting 1:00<br>RT1 2:00<br>RT2 3:00<br>Pinochle 4:00 | <b>24</b><br>Pickleball (Women's) 10:00<br>Walking Group 9:00<br>Regular Yoga (RV) 9:15<br>Gentle Yoga (RV) 10:30<br>Ladies' Lunch 11:30<br>Lunch & Learn 11:30<br>Bridge 12:30<br>Euchre 1:00<br>Mirehaven Meditation 1:30<br>RT3 3:15<br>Canasta 5:00<br>Chinese Mah Jong 5:00                                | <b>25</b><br>MIIT (TJ) 8:45<br>Running/Walk to Jog 9:00<br>Pickleball (Co-ed) 10:00<br>Presentation: Neuroplasticity for Vision & Balance 10:00<br>Tai Chi Chih (JKR) 10:00<br>Qigong 12:00<br>American Mah Jong 12:30<br>Poker 12:30<br>RT1 2:00<br>RT2 3:00<br>Fiber Crafts 3:00<br>Rummikub 5:00 | <b>26</b><br>Board Meeting 9:00<br>Men's Breakfast 9:30am<br>Board Executive Mtg 10:00<br>Pickleball (Co-ed) 10:00<br>Regular Yoga (RV) 9:15<br>Gentle Yoga (RV) 10:30<br>Tennis 11:00<br>Qigong 12:00<br>Bridge 12:30<br>Mexican Train 12:30<br>Bible Study 2:00<br>RT3 3:15 | <b>27</b><br>Pickleball (Men's) 10:00<br>Cardio & Res (TJ) 10:00<br>Walking Group 9:00<br>Poker 12:30<br>Hand & Foot 12:30<br>Bluegrass Jam 1:00<br>Chess 1:00<br>Happy Hour 4:30                         | <b>28</b><br>Stability Ball 8:45<br>Senior Yoga 10:00<br>Pickleball (Co-ed) 10:00<br>German Group 10:00<br>Scrabble 11:00                                  |

### SANDIA CENTER HOURS

Mon-Fri  
6am-7pm

Sat-Sun  
7am-6pm

### Fitness Instructors

Ruth Vega (RV)  
Regular Yoga & Gentle Yoga

Judy Kistler-Robinson  
(JKR) Tai Chi Chih

Roberta Forester, Tonya Conklin, or Cheri Konis  
\*\*Restorative Yoga

Terri Johnson (TJ)  
MIIT, Cardio & Res, Stability Ball & Senior Yoga

### Room Key.

Manzano Room  
Cottonwood Room  
Movement Room  
Sports Court  
Fitness Room  
Patio  
Off-site or Zoom  
Pool