

MIREHAVEN

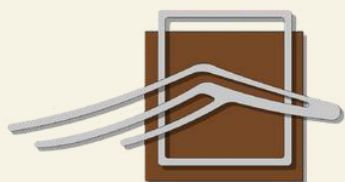
NOVEMBER 2025 CALENDAR

1ST-15TH

ISSUE 118



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
MANZANO ROOM COTTONWOOD ROOM MOVEMENT ROOM SPORTS COURT FITNESS ROOM PATIO OFF-SITE OR ZOOM POOL SANDIA CENTER HOURS MON-FRI 6AM-7PM SAT-SUN 7AM-6PM FITNESS INSTRUCTORS Ruth Vega (RV) Regular Yoga & Gentle Yoga Judy Kistler-Robinson (JKR) Tai Chi Chih Terri Johnson (TJ) Cardio & Res, Zumba Gold, MIIT, Senior Yoga Roberta Forester, Tonya Conklin, or Cheri Konis **Restorative Yoga						1 Pickleball (Coed) 9:00 German Group 10:00 Zumba Gold (TJ) 10:00 Scrabble 11:00 Bridge 12:30 MNews 4:00
2 Pickleball (Women's) 9:00 Running Group & Walk-to-jog 9:00 Golf 9:00 Tee Time Hand & Foot 12:30	3 MIIT (TJ) 8:45 Pickleball Men's 9:00 Bocce 9:30 Restorative Yoga** 10:00 Tai Chi Interest Group 11:20 Ladies Poker 12:30 Men's Poker 12:30 RT-1 2:00 RT-2 3:00 Pinochle 4:00 Writer's Interest Group Reading 4:00	4 Pickleball (Women's) 9:00 Walking Group 9:00 Regular Yoga (RV) 9:15 Tennis 10:00 Christian Community 10:00 Hydrate & Learn 10:00 Gentle Yoga (RV) 10:30 Bridge 12:30 Euchre 1:00 Buddhist Meditation 1:30 Chinese Mah Jong 5:00	5 Running/Walk to Jog 9:00 LTC 9:00 Pickleball (Coed) 9:00 Tai Chi Chih (JKR) 10:00 American Mah Jong 12:30 Poker 12:30 RT-1 2:00 Widows Group 2:00 RT-2 3:00 Fiber Crafts 3:00 Rummikub 5:00	6 Pickleball (Co-ed) 9:00 Shooting Sports 9:00 Regular Yoga (RV) 9:15 Tennis 10:00 Gentle Yoga (RV) 10:30 Canasta 10:30 ARC 11:00 Bridge 12:30 Mexican Train 12:30 RT3 3:15 DWM Dems Happy Hour 5:00	7 Cardio & Resistance (TJ) 8:45 Pickleball (Men's) 9:00 Walking Group 9:00 Bocce 9:30 Senior Yoga (TJ) 10:00 Poker 12:30 Hand & Foot 12:30 Bluegrass Jam 1:00 Chess 1:00 Birthday Celebration Happy Hour 4:30	8 Pickleball (Coed) 9:00 German Group 10:00 Scrabble 11:00
9 Running Group & Walk-to-jog 9:00 Pickleball (Women's) 9:00 Golf 9:00 Tee Time Hand & Foot 12:30	10 MIIT (TJ) 8:45 Pickleball Men's 9:00 Bocce 9:30 Conservative Interest Group 10:00 Writer's Group 10:00 Restorative Yoga** 10:00 Tai Chi Interest Group 11:20 Lunch & Learn 11:30 Ladies Poker 12:30 Men's Poker 12:30 Pinochle 4:00 Holiday Ornaments 4:30	11 Pickleball (Women's) 9:00 Walking Group 9:00 Regular Yoga (RV) 9:15 Tennis 10:00 Veterans Day Breakfast 10:00 Virtual Reality Group 10:00 Gentle Yoga (RV) 10:30 Bridge 12:30 Euchre 1:00 Buddhist Meditation 1:30 RT3 3:15 Chinese Mah Jong 5:00	12 Stability Ball (TJ) 8:45 Running/Walk to Jog 9:00 Pickleball (Coed) 9:00 Tai Chi Chih (JKR) 10:00 Jewish Group 11:00 American Mah Jong 12:30 Poker 12:30 Craft Beer at Craft Beer Interest Group at Bombs Away 1:30 Fiber Crafts 3:00 Rummikub 5:00	13 Pickleball (Co-ed) 9:00 Regular Yoga (RV) 9:15 Men's Breakfast 9:30 Tennis 10:00 Canasta 10:30 Gentle Yoga (RV) 10:30 ARC 11:00 Bridge 12:30 Mexican Train 12:30 RT3 3:15 N4N Harvesting Kindness 4:00	14 Cardio & Resistance (TJ) 8:45 Pickleball (Men's) 9:00 Walking Group 9:00 Bocce 9:30 Senior Yoga (TJ) 10:00 Breakfast & Learn 10:00 Poker 11:00 Hand & Foot 12:30 Bluegrass Jam 1:00 Retirement Interest Group 2:00 Chess 1:00 Happy Hour 4:30	15 Pickleball (Coed) 9:00 German Group 10:00 Zumba Gold (TJ) 10:00 Scrabble 11:00 Live Music with Chris Ravin 6:00



MIREHAVEN

NOVEMBER 2025 CALENDAR

16-30TH

ISSUE 118



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
16 Running Group & Walk-to-jog 9:00 Pickleball (Women's) 9:00 Golf 9:00 Tee Time Hand & Foot 12:30 Acoustic Jam 1:00 MGB Pet Calendar Pick-up 2:00-4:00	17 Pickleball Men's 8:00 MIIT (TJ) 8:45 Bocce 9:30 Restorative Yoga** 10:00 Unbook Club 10:00 (E) SWAG 11:00 Tai Chi Interest Group 11:20 Ladies Poker 12:30 Men's Poker 12:30 RT-1 2:00 RT-2 3:00 Pinochle 4:00 Mirehaven Book Club 5:30	18 Walking Group 9:00 Pickleball (Women's) 8:00 Regular Yoga (RV) 9:15 Tennis 10:00 Gentle Yoga (RV) 10:30 Bridge 12:30 Euchre 1:00 Buddhist Meditation 1:30 RT3 3:15 Chinese Mah Jong 5:00	19 Stability Ball (TJ) 8:45 Running/Walk to Jog 9:00 Pickleball (Coed) 9:00 Tai Chi Chih (JKR) 10:00 Ladies' Lunch 11:30 American Mah Jong 12:30 Poker 12:30 Retirement Investment Group 1:00 RT-1 2:00 RT-2 3:00 Fiber Crafts 3:00 Rummikub 5:00	20 Pickleball (Co-ed) 9:00 Pickleball Skills & Drills 9:00 (registration required) Shooting Sports 9:00 Agenda Setting 9:00 Regular Yoga (RV) 9:15 N4N 10:00 Tennis 10:00 Gentle Yoga (RV) 10:30 Canasta 10:30 ARC 11:00 Bridge 12:30 Mexican Train 12:30 Finance Comm 1:00	21 Cardio & Resistance (TJ) 8:45 Walking Group 9:00 Pickleball (Men's) 9:00 Bocce 9:30 Senior Yoga (TJ) 10:00 Poker 12:30 Hand & Foot 12:30 Bluegrass Jam 1:00 Chess 1:00 Happy Hour 4:30	22 Pickleball (Coed) 9:00 German Group 10:00 Scrabble 11:00
23 Running Group & Walk-to-jog 9:00 Pickleball (Women's) 9:00 Golf 9:00 Tee Time Hand & Foot 12:30	24 Pickleball Men's 9:00 Bocce 9:30 Restorative Yoga 10:00 (***) Bucket Buddies 10:00 Writer's Group 10:00 Tai Chi Interest Group 11:20 Ladies Poker 12:30 Finance Comm 1:00 Men's Poker 12:00 Pinochle 4:00	25 Walking Group 9:00 Pickleball (Women's) 9:00 Regular Yoga (RV) 9:15 Tennis 10:00 Gentle Yoga (RV) 10:30 Bridge 12:30 Euchre 1:00 Buddhist Meditation 1:30 Chinese Mah Jong 5:00	26 Running/Walk to Jog 9:00 Pickleball (Coed) 9:00 Tai Chi Chih (JKR) 10:00 American Mah Jong 12:30 Poker 12:30 Fiber Crafts 3:00 Amenity Center Closes at 4pm	27  Amenity Center Closed Open for Dinner 2pm	28 Walking Group 9:00 Pickleball (Men's) 9:00 Bocce 9:30 All-Level Yoga with Ruth 10:00 Poker 12:30 Hand & Foot 12:30 Bluegrass Jam 1:00 Chess 1:00 Happy Hour 4:30	29 Pickleball (Coed) 9:00 German Group 10:00 Scrabble 11:00

30
Running Group & Walk-to-jog 9:00
Pickleball (Women's) 8:00
Golf 9:00 Tee Time
Hand & Foot 12:30



SANDIA CENTER HOURS

MON-FRI
6AM-7PM

SAT-SUN
7AM-6PM

FITNESS INSTRUCTORS

RUTH VEGA (RV) REGULAR YOGA & GENTLE YOGA

JUDY KISTLER-ROBINSON (JKR) TAI CHI CHIH

TERRI JOHNSON (TJ) CARDIO & RES, ZUMBA GOLD, MIIT, CARDIO & RESISTANCE, SENIOR YOGA

RESTORATIVE YOGA TAUGHT BY ROBERTA FORESTER, TONYA CONKLIN, OR CHERI KONIS

ROOM KEY

MANZANO ROOM
COTTONWOOD ROOM
MOVEMENT ROOM
SPORTS COURT
FITNESS ROOM
OFF-SITE OR ZOOM POOL