

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>Manzano Room Cottonwood Room Movement Room Sports Court Fitness Room/ Gym Patio Off-site or Zoom</p>	<p>Sandia Center Hours</p> <p>Mon-Fri 6:00am-7:00pm</p> <p>Sat-Sun 7:00am-6:00pm</p>	 <div style="border: 2px solid red; padding: 10px; margin: 10px auto; width: 80%; text-align: center;"> <p>Please consider serving your community on the HOA Board of Directors. Applications are due by 2/17/25 at 5pm. For more information go to www.estatesatmirehaven.com (under <i>Election</i> tab)</p> </div>				<p>1</p> <p>Pickleball (Coed) 10:00 Neighborhood Watch Mtg (Del Webb South) 9:30 German Group 10:00 Zumba Gold (T) 10:00 Scrabble 11:00 Bridge 12:30 Poker 12:30</p>	
<p>2</p> <p>Running Group & Walk-to-Jog 9:00 Pickleball (Women's) 10:00 Hand & Foot 12:30 Golf 1:00 Tee Time at Ladera Golf Course</p>	<p>3</p> <p>MIIT (T) 8:45 Pickleball (Men's) 10:00 Restorative Yoga ** (10:00) Tai Chi Interest Group 11:20 Ladies' Poker 12:30 Men's Poker 12:30 Bridge 12:30 Line Dancing 12:30 Neighborhood Association Mtg 1:00 RT-1 2:00 RT-2 3:00 Pinochle 4:00</p>	<p>4</p> <p>Intermediate Yoga (BG) 7:30 Regular Yoga (TC) 9:15 Pickleball (Women's) 10:00 Walking Group 10:00 MGB Board Mtg 10:00 Christian Community 10:00 Gentle Yoga (TC) 10:30 Bridge 12:30 Tennis 1:00 Euchre 1:00 Buddhist Meditation 1:30 RT-3 3:15 Chinese Mah Jongg 5:00</p>	<p>5</p> <p>Cardio&Res (T) 8:45 Running Group/Walk to Jog 9:00 Collage Group 10:00 Pickleball (Coed) 10:00 Tai Chi Chih 10:00 (JKR) Intro to Mah Jongg 11:00 American Mah Jongg 12:30 Poker 12:30 MGB Garden Tour Mtg 1:30 RT-1 2:00 RT-2 3:00 Fiber Crafts 3:00 Rummikub 5:00</p>	<p>6</p> <p>Intermediate Yoga (BG) 7:30 Shooting Sports 9:00 Regular Yoga (RF) 9:15 ARC 9:30 Pickleball (Coed) 10:00 Gentle Yoga (RF) 10:30 Bridge 12:30 Mexican Train 12:30 Tennis 1:00 Bible Study 2:00 RT-3 3:15 MirehavenDems 5:00</p>	<p>7</p> <p>Stability Ball (T) 8:45 Women's Double Tennis 9:00 Walking Group 10:00 Pickleball (Men's) 10:00 NW Office Hour 11:30 Hand & Foot 12:30 Bluegrass Jam 1:00 Chess 1:00 Happy Hour 4:30</p>	<p>8</p> <p>Pickleball (Coed) 10:00 German Group 10:00 Zumba Gold (T) 10:00 Scrabble 11:00 Poker 12:30</p>	
<p>9</p> <p>Running Group/Walk-to-Jog 9:00 Pickleball (Women's) 10:00 Hand & Foot 12:30 Golf 1:00 Tee Time at Ladera Golf Course Superbowl Party 4:30pm</p>	<p>10</p> <p>MIIT (T) 8:45 Restorative Yoga ** 10:00 Pickleball (Men's) 10:00 Presentation: All About Medicare 10:00 Writer's Group 10:00 (Zoom) Tai Chi Interest Group 11:20 Ladies' Poker 12:30 Men's Poker 12:30 Line Dancing 12:30 Bridge 12:30 RT-1 2:00 RT-2 3:00 Pinochle 4:00</p>	<p>11</p> <p>Intermediate Yoga (BG) 7:30 Regular Yoga (RF) 9:15 Walking Group 10:00 Conservative Interest Group 10:00 Pickleball (Women's) 10:00 Gentle Yoga (RF) 10:30 Bridge 12:30 Tennis 1:00 Euchre 1:00 Buddhist Meditation 1:30 RT-3 3:15 Petroglyph Performers 4:00 Chinese Mah Jongg 5:00</p>	<p>12</p> <p>Cardio&Res (T) 8:45 Running Group/Walk to Jog 9:00 LTC 9:00 Men's Breakfast 9:30 Collage Group 10:00 Pickleball (Coed) 10:00 Tai Chi Chih 10:00 (JKR) Jewish Group 11:00 Italian One Cooking Class 11:00 Intro to Mah Jongg 11:00 American Mah Jongg 12:30 Poker 12:30 RT-1 2:00 RT-2 3:00 Fiber Crafts 3:00 Rummikub 5:00</p>	<p style="text-align: center;"><u>FITNESS INSTRUCTORS</u></p> <p style="text-align: center;">Roberta Forester (RF) Restorative Yoga, Regular Yoga, Gentle Yoga Barbara Garcia (BG) Intermediate Yoga Star Tierra (ST) Line Dancing Judy Kistler-Robinson (JKR) Tai Chi Chih Terri Johnson (TJ) Cardio & Res , Zumba Gold, MIIT, Stability Ball Tonya Conklin (TC) Restorative Yoga Cheri Koinis (CK) Restorative Yoga Carl Cerco (CC) Yoga Sub</p>			
						<p style="text-align: center;">**Restorative Yoga is taught by Roberta Forester, Tonya Conklin or Cheri Koinis**</p>	

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<p align="center"><u>FITNESS INSTRUCTORS</u></p> <p align="center">Roberta Forester (RF) Restorative Yoga, Regular Yoga, Gentle Yoga Barbara Garcia (BG) Intermediate Yoga Star Tierra (ST) Line Dancing Judy Kistler-Robinson (JKR) Tai Chi Chih Terri Johnson (TJ) Cardio & Res , Zumba Gold, MIIT, Stability Ball Tonya Conklin (TC) Restorative Yoga Cheri Koinis (CK) Restorative Yoga Carl Cerco (CC) Yoga Sub</p>			<p align="center">Manzano Room Cottonwood Room Movement Room Sports Court Fitness Room/ Gym Patio Off-site or Zoom</p>	<p>13</p> <p>Intermediate Yoga (BG) 7:30 Board Agenda Setting 9:00 Regular Yoga (CC) 9:15 Tennis 9:30 N4N 10:00 Pickleball (Coed) 10:00 ARTWORKS 10:00 Gentle Yoga (CC) 10:30 MGB Board Mtg 11:30 Fitness Eqpt. Orientation 101 11:30 Bridge 12:30 Mexican Train 12:30 Bible Study 2:00 RT 3:15 Craft Beer Happy Hour 5:00</p>	<p>14 </p> <p>Stability Ball (T) 8:45 Women's Double Tennis 9:00 Pickleball (Men's) 10:00 Walking Group 10:00 Hand & Foot 12:30 Retirement Interest Group 2:00 Chess 1:00 Bluegrass Jam 1:00 Birthday Celebration Happy Hour & Food Truck 4:30</p>	<p>15</p> <p>Pickleball (Coed) 10:00 German Group 10:00 Zumba Gold (T) 10:00 Scrabble 11:00 Live Music with Coalesce Blue 6pm</p>
<p align="center">**Restorative Yoga is taught by Roberta Forester, Tonya Conklin or Cheri Koinis</p>						
<p>16</p> <p>Running Group/ Walk-to -Jog 9:00 Pickleball (Women's) 10:00 Hand & Foot 12:30 Acoustic Jam 1:00 Golf 1:00 Tee Time at Ladera Golf Course Virtual Reality at Tractor Supply 2:00</p>	<p>17</p> <p>MIIT (T) 8:45 Pickleball (Men's) 10:00 Restorative Yoga** 10:00 Presentation: Heart Rate 10:00 Tai Chi Interest Group 11:20 Line Dancing 12:30 Ladies' Poker 12:30 Bridge 12:30 Men's Poker 12:30 RT-1 2:00 RT-2 3:00 Pinochle 4:00 Book Club 5:30</p>	<p>18</p> <p>Intermediate Yoga (BG) 7:30 Regular Yoga (RF) 9:15 Men's Breakfast 9:30 Tennis 9:30 Casa San Ysidro Tour 10:00 Pickleball (Women's) 10:00 Walking Group 10:00 Gentle Yoga (RF) 10:30 Bridge 12:30 Tennis 1:00 Euchre 1:00 Buddhist Meditation 1:30 Election Comm 2:00 RT-3 3:15 Chinese Mah Jongg 5:00</p>	<p>19</p> <p>Cardio & Res (T) 8:45 Running Group/ Walk to Jog 9:00 Collage Group 10:00 Pickleball (Coed) 10:00 Tai Chi Chih 10:00 (JKR) Intro to Mah Jongg 11:00 American Mah Jongg 12:30 Poker 12:30 Retirement Investment Group 1:00 RT-1 2:00 RT-2 3:00 Fiber Crafts 3:00 Rummikub 5:00</p>	<p>20</p> <p>Intermediate Yoga (BG) 7:30 ARC 9:30 Regular Yoga (RF) 10:30 Ladies Lunch 11:30 11:30 Bridge 12:30 Mexican Train 12:30 Bible Study 2:00 RT-3 3:15 MGB 4:30</p>	<p>21</p> <p>Women's Double Tennis 9:00 Pickleball (Men's) 10:00 Walking Group 10:00 Hand & Foot 12:30 Bluegrass Jam 1:00 Chess 1:00 Happy Hour 4:30</p>	<p>22</p> <p>Pickleball (Coed) 10:00 German Group 10:00 Scrabble 11:00 Poker 12:30</p>
<p>23</p> <p>Running Group/ Walk-to -Jog 9:00 Pickleball (Women's) 9:00 Hand & Foot 12:30 Golf 1:00 Tee Time at Ladera Golf Course</p>	<p>24</p> <p>MIIT (T) 8:45 Pickleball (Men's) 9:00 Restorative Yoga ** (10:00) Writer's Group 10:00 (Zoom) Bucket Buddies 10:00 Tai Chi Interest Group 11:20 Lunch & Learn with Neptune 11:30 Ladies' Poker 12:30 Men's Poker 12:30 Line Dancing 12:30 Bridge 12:30 Finance Comm 1:00 RT-1 2:00 RT-2 3:00 Pinochle 4:00</p>	<p>25</p> <p>Intermediate Yoga (BG) 7:30 Regular Yoga (RF) 9:15 Pickleball (Women's) 9:00 Tennis 9:30 Coffee 101: 10:00 Walking Group 10:00 Gentle Yoga (RF) 10:30 Bridge 12:30 Tennis 1:00 Euchre 1:00 Buddhist Meditation 1:30 RT-3 3:15 Petroglyph Performers 4:00 Chinese Mah Jongg 5:00</p>	<p>26</p> <p>Cardio&Res (T) 8:45 Running Group/ Walk to Jog 9:00 Collage Group 10:00 Presentation: Crystals 101 10:00 Pickleball (Coed) 10:00 Tai Chi Chih 10:00 (JKR) Intro to Mah Jongg 11:00 American Mah Jongg 12:30 Poker 12:30 RT-1 2:00 RT-2 3:00 Fiber Crafts 3:00 Rummikub 5:00</p>	<p>27</p> <p>Intermediate Yoga (BG) 7:30 Board Regular Session 9:00 Regular Yoga (RF) 9:15 Tennis 9:30 Pickleball (Coed) 10:00 Gentle Yoga (RF) 10:30 Ladies Lunch 11:30 Fitness Eqpt. Orientation 102 11:30 Bridge 12:30 Mexican Train 12:30 Writing Group 1:00 Bible Study 2:00 RT-3 3:15 Debate Society 3:45</p>	<p>28</p> <p>Stability Ball (T) 8:45 Women's Double Tennis 9:00 Pickleball (Men's) 10:00 Walking Group 10:00 Hand & Foot 12:30 Bluegrass Jam 1:00 Chess 1:00 Happy Hour 4:30</p>	<p align="center">Sandia Center Hours</p> <p align="center">Mon-Fri 6:00am-7:00pm</p> <p align="center">Sat-Sun 7:00am-6:00pm</p>