



EVENTS, PRESENTATIONS, & FITNESS CALENDAR

December 2024 (1st-15th)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>1</p> <p>Running Group & Walk-to-Jog 9:00 Pickleball (Women's) 10:00 Hand & Foot 12:30 Golf 1:00 Tee Time at Ladera Golf Course</p>	<p>2</p> <p>Bocce Ball 9:30 Restorative Yoga **10:00 Pickleball (Men's) 10:00 Ladies' Poker 12:30 Men's Poker 12:30 Line Dancing 12:30 Bridge 12:30 Neighborhood Association Mtg 1:00 Pinochle 4:00</p>	<p>3</p> <p>Intermediate Yoga (BG) 7:30 Regular Yoga (RF) 9:15 Walking Group 10:00 Christian Community 10:00 Pickleball (Women's) 10:00 MGB Board Mtg 10:00 Gentle Yoga (RF) 10:30 Bridge 12:30 Tennis 1:00 Euchre 1:00 Buddhist Meditation 2:00 Petroglyph Performers 4:00 Chinese Mah Jongg 5:00</p>	<p>4</p> <p>Running Group/ Walk to Jog 9:00 HOA Board Mtg. 9:00 Collage Group 10:00 Pickleball (Coed) 10:00 Tai Chi Chih 10:00 (JKR) American Mah Jongg 12:30 Poker 12:30 Fiber Crafts 3:00 Rummikub 5:00 Astronomy Group 5:00 Wine Group 5:00</p>	<p>6</p> <p>Intermediate Yoga (BG) 7:30 Regular Yoga (RF) 9:15 ARC 9:30 Pickleball (Coed) 10:00 Gentle Yoga (RF) 10:30 Bridge 12:30 Mexican Train 12:30 Tennis 1:00 Bible Study 2:00</p>	<p>6</p> <p>Women's Double Tennis 9:00 Bocce Ball 9:30 Walking Group 10:00 Pickleball (Men's) 10:00 Hand & Foot 12:30 Chess 1:00 Bluegrass Jam 1:00 Happy Hour 4:30</p>	<p>7</p> <p>Pickleball (Coed) 10:00 German Group 10:00 Scrabble 11:00 Bridge 12:30 Poker 12:30 Pickleball Party 5:00</p>	
<p>8</p> <p>Running Group & Walk-to-Jog 9:00 Pickleball (Women's) 10:00 Hand & Foot 12:30 Private Party 1:00 Golf 1:00 Tee Time at Ladera Golf Course</p>	<p>9</p> <p>Bocce Ball 9:30 Pickleball (Men's) 10:00 Restorative Yoga ** (10:00) Writer's Group 10:00 (Zoom) Tai Chi Interest Group 11:15 Ladies' Poker 12:30 Men's Poker 12:30 Bridge 12:30 Line Dancing 12:30 Pinochle 4:00</p>	<p>10</p> <p>Intermediate Yoga (BG) 7:30 Regular Yoga (CC) 9:15 Pickleball (Women's) 10:00 Walking Group 10:00 Conservative Interest Group 10:00 Poker Holiday Gathering 10:00 Gentle Yoga (CC) 10:30 Tennis 1:00 Euchre 1:00 Buddhist Meditation 2:00 Woods Wash 4:30 Cookie Exchange 4:30 Chinese Mah Jongg 5:00</p>	<p>11</p> <p>Running Group/ Walk to Jog 9:00 LTC 9:00 Men's Breakfast 9:30 Collage Group 10:00 Pickleball (Coed) 10:00 Tai Chi Chih 10:00 (JKR) Jewish Group 11:00 American Mah Jongg 12:30 Poker 12:30 Fiber Crafts 3:00 Rummikub 5:00 Presentation with Rinus Baak 4:00</p>	<p>12</p> <p>Intermediate Yoga (BG) 7:30 Shooting Sports 9:00 Regular Yoga (RF) 9:15 Pickleball (Coed) 10:00 Gentle Yoga (RF) 10:30 Interest Group Appreciation Lunch 11:00 Bridge 12:30 Mexican Train 12:30 Tennis 1:00 Bible Study 2:00 Craft Beer Happy Hour 5:00</p>	<p>13</p> <p>Bocce Ball 9:30 Women's Double Tennis 9:00 Walking Group 10:00 Pickleball (Men's) 10:00 Hand & Foot 12:30 Bluegrass Jam 1:00 Retirement Interest Group 2:00 Chess 1:00 Happy Hour 4:30</p>	<p>14</p> <p>Pickleball (Coed) 10:00 German Group 10:00 Scrabble 11:00 Poker 12:30 Holiday Party 4:30</p>	
<p>15</p> <p>Running Group/ Walk-to-Jog 9:00 Pickleball (Women's) 10:00 Hand & Foot 12:30 Golf 1:00 Tee Time at Ladera Golf Course Acoustic Jam 1:00</p>	<div style="border: 2px solid red; padding: 5px;"> <p>Manzano Room Cottonwood Room Movement Room Sports Court Fitness Room/ Gym Patio Off-site or Zoom</p> </div>	<div style="border: 2px solid red; padding: 5px;"> <p>Sandia Center Hours</p> <p style="text-align: center;">Mon-Fri 6:00am-7:00pm</p> <p style="text-align: center;">Sat-Sun 7:00am-6:00pm</p> </div>	<div style="border: 2px solid red; padding: 10px; background-color: #800000; color: white;"> <p><u>FITNESS INSTRUCTORS</u></p> <p>Roberta Forester (RF) Restorative Yoga, Regular Yoga, Gentle Yoga</p> <p>Barbara Garcia (BG) Intermediate Yoga</p> <p>Star Tierra (ST) Line Dancing</p> <p>Tonya Conklin (TC) Restorative Yoga</p> <p>Cheri Koinis (CK) Restorative Yoga</p> <p>Judy Kistler-Robinson (JKR) T'ai Chi Chih</p> <p>Carl Cerco (CC) Yoga Sub</p> </div>				
**Restorative Yoga is taught by Roberta Forester, Tonya Conklin or Cheri Koinis							

EVENTS, PRESENTATIONS, & FITNESS CALENDAR

DECEMBER 2024 (16th-31st)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>Manzano Room Cottonwood Room Movement Room Sports Court Fitness Room/ Gym Patio Off-site or Zoom</p>	<p>16</p> <p>Bocce Ball 9:30 Pickleball (Men's) 10:00 Restorative Yoga**10:00</p> <p>Carpet & Tile Cleaning</p> <p>Amenity Center Closes at 1:00</p>	<p>17</p> <p>Intermediate Yoga (BG) 7:30 Regular Yoga (RF) 9:15 Tennis 9:30 Pickleball (Women's) 10:00 Walking Group 10:00 Gentle Yoga (RF) 10:30 Ladies' Lunch 11:30 Bridge 12:30 Euchre 1:00 Buddhist Meditation 2:00 Petroglyph Performers 4:00 Chinese Mah Jongg 5:00</p>	<p>18</p> <p>Running Group/ Walk-to-Jog 9:00 Pickleball (Coed) 10:00 Collage Group 10:00 Tai Chi Chih 10:00 (JKR) American Mah Jongg 12:30 Poker 12:30 Retirement Finance Group 1:00 Fiber Crafts 3:00 Christmas Carol Sing-a-long 3:30 Rummikub 5:00</p>	<p>19</p> <p>Intermediate Yoga (BG) 7:30 Regular Yoga (TC) 9:15 Tennis 9:30 Pickleball (Coed) 10:00 Gentle Yoga (TC) 10:30 ARC 11:30 Bridge 12:30 Mexican Train 12:30 Bible Study 2:00 Bridge Holiday Gathering 3:30</p>	<p>20</p> <p>Bocce Ball 9:30 Women's Double Tennis 9:00 Pickleball (Men's) 10:00 Walking Group 10:00 Hand & Foot 12:30 Chess 1:00 Bluegrass Jam 1:00 Happy Hour 4:30</p>	<p>21</p> <p>Pickleball (Coed) 10:00 German Group 10:00 Scrabble 11:00 Poker 12:30</p>	
<p>22</p> <p>Running Group/ Walk-to-Jog 9:00 Pickleball (Women's) 10:00 Hand & Foot 12:30 Golf 1:00 Tee Time at Ladera Golf Course</p>	<p>23</p> <p>Bocce Ball 9:30 Pickleball (Men's) 10:00 Bucket Buddies 10:00 Restorative Yoga**10:00 Line Dancing 12:30 Ladies' Poker 12:30 Bridge 12:30 Men's Poker 12:30 Pinochle 4:00</p>	<p>24</p> <p>Intermediate Yoga (BG) 7:30 Regular Yoga (RF) 9:15 Tennis 9:30 Pickleball (Women's) 10:00 Walking Group 10:00 Gentle Yoga (RF) 10:30</p> <p>Amenity Center Closes at 12pm</p>	<p>25</p>  <p>Christmas Day</p> <p>Amenity Center Closed</p>	<p>26</p> <p>Intermediate Yoga (BG) 7:30 Regular Yoga (TC) 9:15 Tennis 9:30 Pickleball (Coed) 10:00 Gentle Yoga (TC) 10:30 Bridge 12:30 Mexican Train 12:30 Bible Study 2:00</p>  <p>Hanukkah</p> <p>Amenity Center Hours 6am-5pm</p>	<p>27</p> <p>Women's Double Tennis 9:00 Bocce Ball 9:30 Pickleball (Men's) 10:00 Walking Group 10:00 Hand & Foot 12:30 Bluegrass Jam 1:00</p> <p>Amenity Center Hours 6am-5pm</p>	<p>28</p> <p>Pickleball (Coed) 10:00 Scrabble 11:00 Poker 12:30</p> <p>Amenity Center Hours 7am-5pm</p>	
<p>29</p> <p>Running Group/ Walk-to-Jog 9:00 Pickleball (Women's) 9:00 Hand & Foot 12:30 Golf 1:00 Tee Time at Ladera Golf Course</p> <p>Amenity Center Hours 7am-5pm</p>	<p>30</p> <p>Pickleball (Men's) 9:00 Bocce Ball 9:30 Restorative Yoga**(10:00) Ladies' Poker 12:30 Men's Poker 12:30 Line Dancing 12:30 Bridge 12:30 Pinochle 4:00</p> <p>Amenity Center Hours 6am-5pm</p>	<p>31</p> <p>Intermediate Yoga (BG) 7:30 Pickleball (Women's) 9:00 Tennis 9:30 Walking Group 10:00</p> <p>NEW YEAR'S EVE</p> <p>New Year's Eve Party 7pm-10pm</p> <p>Amenity Center Hours 6am-noon</p>	<p>Sandia Center Hours</p> <p>Mon-Fri 6:00am-7:00pm</p> <p>Sat-Sun 7:00am-6:00pm</p>	<p>FITNESS INSTRUCTORS</p> <p>Roberta Forester (RF) Restorative Yoga, Regular Yoga, Gentle Yoga Barbara Garcia (BG) Intermediate Yoga Star Tierra (ST) Line Dancing Tonya Conklin (TC) Restorative Yoga Cheri Koinis (CK) Restorative Yoga Judy Kistler-Robinson (JKR) T'ai Chi Chih Carl Cerco (CC) Yoga Sub</p>			
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