

### EVENTS, PRESENTATIONS, & FITNESS CALENDAR

#### November 2024 (1st-15th)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>Sandia Center Hours</p> <p>Mon-Fri 6:00am-7:00pm</p> <p>Sat-Sun 7:00am-6:00pm</p>	<p><b>Manzano Room</b> Cottonwood Room</p> <p><b>Movement Room</b> Sports Court</p> <p><b>Fitness Room/</b> Gym</p> <p>Patio</p> <p><b>Off-site or Zoom</b></p>	<p><b><u>FITNESS INSTRUCTORS</u></b></p> <p>Roberta Forester (RF) Restorative Yoga, Regular Yoga, Gentle Yoga</p> <p>Terri Johnson (T) MIIT</p> <p>Star Tierra (ST) Line Dancing</p> <p>Tonya Conklin (TC) Restorative Yoga</p> <p>Cheri Koinis (CK) Restorative Yoga</p> <p>Judy Kistler-Robinson (JKR) T'ai Chi Chih</p> <p>Carl Cerco (CC) Yoga Sub</p>				<p>1</p> <p><b>MIIT (T) 9:00</b></p> <p><b>Pickleball (Men's) 9:00</b></p> <p><b>Women's Double Tennis 9:00</b></p> <p><b>Walking Group 9:00</b></p> <p><b>Bocce Ball 9:30</b></p> <p><b>Hand &amp; Foot 12:30</b></p> <p><b>Chess 1:00</b></p> <p><b>Bluegrass Jam 1:00</b></p> <p><b>Happy Hour 4:30</b></p>	<p>2</p> <p><b>Pickleball (Coed) 9:00</b></p> <p><b>German Group 10:00</b></p> <p><b>Scrabble 11:00</b></p> <p><b>Bridge 12:30</b></p> <p><b>Poker 12:30</b></p> <p><b>ARTWorks Dia de Los Muertos Artshow (artist homes) 10:00</b></p> <p><b>Dia de los Muertos Event (Amenity Center) 5:30</b></p>
<p><b>**Restorative Yoga is taught by Roberta Forester, Tonya Conklin or Cheri Koinis</b></p>							
<p>3</p> <p><b>Running Group &amp; Walk-to-Jog 9:00</b></p> <p><b>Pickleball (Women's) 9:00</b></p> <p><b>Golf 9:00 Tee Time at Ladera Golf Course</b></p> <p><b>Hand &amp; Foot 12:30</b></p> <p><b>2:00 Spanish MGB Thank You Gathering 4:30</b></p>	<p>4</p> <p><b>MIIT (T) 8:45</b></p> <p><b>Pickleball (Men's) 9:00</b></p> <p><b>Walking Group 9:00</b></p> <p><b>Bocce Ball 9:30</b></p> <p><b>Restorative Yoga *(10:00)</b></p> <p><b>Tai Chi Interest Group 11:15</b></p> <p><b>Ladies' Poker 12:30</b></p> <p><b>Men's Poker 12:30</b></p> <p><b>Bridge 12:30</b></p> <p><b>Line Dancing 12:30</b></p> <p><b>Neighborhood Association Mtg 1:00</b></p> <p><b>Strong Bodies 2:00</b></p> <p><b>Strong Bodies 3:00</b></p> <p><b>Pinochle 4:00</b></p>	<p>5</p> <p><b>Pickleball (Women's) 9:00</b></p> <p><b>Regular Yoga (RF) 9:15</b></p> <p><b>Tennis 9:30</b></p> <p><b>Christian Community 10:00</b></p> <p><b>Gentle Yoga (RF) 10:30</b></p> <p><b>Bridge 12:30</b></p> <p><b>Euchre 1:00</b></p> <p><b>Buddhist Meditation 2:00</b></p> <p><b>Petroglyph Performers 4:00</b></p> <p><b>Chinese Mah Jongg 5:00</b></p>	<p>6</p> <p><b>Running Group/ Walk to Jog 9:00</b></p> <p><b>Pickleball (Coed) 9:00</b></p> <p><b>Zumba Gold 9:00</b></p> <p><b>ARC 11:30</b></p> <p><b>Collage Group 10:00</b></p> <p><b>Tai Chi Chih 10:00 (JKR)</b></p> <p><b>American Mah Jongg 12:30</b></p> <p><b>Poker 12:30</b></p> <p><b>Fiber Crafts 3:00</b></p> <p><b>Rummikub 5:00</b></p>	<p>7</p> <p><b>Pickleball (Coed) 9:00</b></p> <p><b>Regular Yoga (RF) 9:15</b></p> <p><b>Tennis 9:30</b></p> <p><b>Gentle Yoga (RF) 10:30</b></p> <p><b>Cornhole 10:30</b></p> <p><b>Bridge 12:30</b></p> <p><b>Mexican Train 12:30</b></p> <p><b>Bible Study 2:00</b></p> <p><b>StrongBodies 3:00</b></p> <p><b>Presentation: North America with Rinus Baak 4:00</b></p>	<p>8</p> <p><b>MIIT (T) 9:00</b></p> <p><b>Walking Group 9:00</b></p> <p><b>Pickleball (Men's) 9:00</b></p> <p><b>Bocce Ball 9:30</b></p> <p><b>Women's Double Tennis 9:00</b></p> <p><b>Hand &amp; Foot 12:30</b></p> <p><b>Bluegrass Jam 1:00</b></p> <p><b>Retirement Investment-Group 2:00</b></p> <p><b>Chess 1:00</b></p> <p><b>Happy Hour 4:30</b></p>	<p>9</p> <p><b>Guided Hike with Petroglyph National Monument 8:00</b></p> <p><b>Pickleball (Coed) 9:00</b></p> <p><b>German Group 10:00</b></p> <p><b>Scrabble 11:00</b></p> <p><b>Poker 12:30</b></p>	
<p>10</p> <p><b>Running Group/ Walk-to-Jog 9:00</b></p> <p><b>Pickleball (Women's) 9:00</b></p> <p><b>Golf 9:00 Tee Time at Ladera Golf Course</b></p> <p><b>Hand &amp; Foot 12:30</b></p> <p><b>2:00 Spanish</b></p>	<p>11</p> <p><b>MIIT (T) 8:45</b></p> <p><b>Walking Group 9:00</b></p> <p><b>Pickleball (Men's) 9:00</b></p> <p><b>Bocce Ball 9:30</b></p> <p><b>Presentation: Dwight Jennison 10:00</b></p> <p><b>Restorative Yoga *(10:00)</b></p> <p><b>Ladies' Poker 12:30</b></p> <p><b>Men's Poker 12:30</b></p> <p><b>Line Dancing 12:30</b></p> <p><b>Bridge 12:30</b></p> <p><b>Strong Bodies 2:00</b></p> <p><b>Strong Bodies 3:00</b></p> <p><b>Pinochle 4:00</b></p>	<p>12</p> <p><b>Pickleball (Women's) 9:00</b></p> <p><b>Regular Yoga (RF) 9:15</b></p> <p><b>Tennis 9:30</b></p> <p><b>Conservative Interest Group 10:00</b></p> <p><b>Ladies' Lunch 11:30</b></p> <p><b>Gentle Yoga (RF) 10:30</b></p> <p><b>Euchre 1:00</b></p> <p><b>Buddhist Meditation 2:00</b></p> <p><b>Chinese Mah Jongg 5:00</b></p>	<p>13</p> <p><b>Running Group/ Walk to Jog 9:00</b></p> <p><b>Pickleball (Coed) 9:00</b></p> <p><b>LTC 9:00</b></p> <p><b>Zumba Gold 9:00</b></p> <p><b>Collage Group 10:00</b></p> <p><b>Tai Chi Chih 10:00 (JKR)</b></p> <p><b>Jewish Group 11:00</b></p> <p><b>American Mah Jongg 12:30</b></p> <p><b>Poker 12:30</b></p> <p><b>Craft Beer Tour 1:30</b></p> <p><b>Strong Bodies 2:00</b></p> <p><b>Fiber Crafts 3:00</b></p> <p><b>Rummikub 5:00</b></p> <p><b>Astronomy Group 5:00</b></p>	<p>14</p> <p><b>Pickleball (Coed) 9:00</b></p> <p><b>Shooting Sports 9:00</b></p> <p><b>Regular Yoga (RF) 9:15</b></p> <p><b>Tennis 9:30</b></p> <p><b>Gentle Yoga (RF) 10:30</b></p> <p><b>Cornhole 10:30</b></p> <p><b>N4N 11:00</b></p> <p><b>BARCO Facility Tour 11:00</b></p> <p><b>Bridge 12:30</b></p> <p><b>Mexican Train 12:30</b></p> <p><b>Bible Study 2:00</b></p> <p><b>Debate Society 4:00</b></p>	<p>15</p> <p><b>MIIT (T) 9:00</b></p> <p><b>Pickleball (Men's) 9:00</b></p> <p><b>Women's Double Tennis 9:00</b></p> <p><b>Walking Group 9:00</b></p> <p><b>Bocce Ball 9:30</b></p> <p><b>Bocce Feedback 11:00</b></p> <p><b>Hand &amp; Foot 12:30</b></p> <p><b>Chess 1:00</b></p> <p><b>Bluegrass Jam 1:00</b></p> <p><b>Birthday Celebration</b></p> <p><b>Happy Hour</b></p>		

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>Sandia Center Thanksgiving Holiday Hours</p> <p>11/27 -Closes at 4pm</p> <p>11/28—Thanksgiving Day—Closed</p>	<p>Manzano Room</p> <p>Cottonwood Room</p> <p>Movement Room</p> <p>Sports Court</p> <p>Fitness Room/ Gym</p> <p>Patio</p> <p>Off-site or Zoom</p>	<p>Sandia Center Hours</p> <p>Mon-Fri 6:00am-7:00pm</p> <p>Sat-Sun 7:00am-6:00pm</p>	<p><b>FITNESS INSTRUCTORS</b></p> <p>Roberta Forester (RF) Restorative Yoga, Regular Yoga, Gentle Yoga</p> <p>Terri Johnson (T) MIIT</p> <p>Star Tierra (ST) Line Dancing</p> <p>Tonya Conklin (TC) Restorative Yoga</p> <p>Cheri Koinis (CK) Restorative Yoga</p> <p>Judy Kistler-Robinson (JKR) T'ai Chi Chih</p> <p>Carl Cerco (CC) Yoga Sub</p>			<p>16</p> <p>Pickleball (Coed) 9:00</p> <p>German Group 10:00</p> <p>Scrabble 11:00</p> <p>Poker 12:30</p> <p>Guided Hike with James Platt 1:00</p> <p>Sock Hop 6:00</p>
<p>**Restorative Yoga is taught by Roberta Forester, Tonya Conklin or Cheri Koinis</p>						
<p>17</p> <p>Running Group/ Walk-to -Jog 9:00</p> <p>Pickleball (Women's) 9:00</p> <p>Golf 9:00 Tee Time at Ladera Golf Course</p> <p>Hand &amp; Foot 12:30</p> <p>Acoustic Jam 1:00</p>	<p>18</p> <p>MIIT (T) 8:45</p> <p>Pickleball (Men's) 9:00</p> <p>Walking Group 9:00</p> <p>Bocce Ball 9:30</p> <p>Restorative Yoga**10:00</p> <p>Writers Group 10:00</p> <p>Line Dancing 12:30</p> <p>Ladies' Poker 12:30</p> <p>Bridge 12:30</p> <p>Men's Poker 12:30</p> <p>Strong Bodies 2:00</p> <p>Strong Bodies 3:00</p> <p>Pinochle 4:00</p> <p>Women's Singles 4:30</p> <p>Book Club 5:30</p>	<p>19</p> <p>Pickleball (Women's) 9:00</p> <p>Regular Yoga (RF) 9:15</p> <p>Tennis 9:30</p> <p>Virtual Reality 10:00</p> <p>Gentle Yoga (RF) 10:30</p> <p>Bridge 12:30</p> <p>Euchre 1:00</p> <p>Buddhist Meditation 2:00</p> <p>Petroglyph Performers 4:00</p> <p>Chinese Mah Jongg 5:00</p>	<p>20</p> <p>Running Group/ Walk-to-Jog 9:00</p> <p>Pickleball (Coed) 9:00</p> <p>Board Agenda Mtg 9:00</p> <p>Men's Breakfast 9:30</p> <p>Collage Group 10:00</p> <p>Tai Chi Chih 10:00 (JKR)</p> <p>ARC 11:30</p> <p>American Mah Jongg 12:30</p> <p>Poker 12:30</p> <p>Retirement Investment Group 1:00</p> <p>Fiber Crafts 3:00</p> <p>Rummikub 5:00</p>	<p>21</p> <p>Pickleball (Coed) 9:00</p> <p>Regular Yoga (TC) 9:15</p> <p>Tennis 9:30</p> <p>Gentle Yoga (TC) 10:30</p> <p>Cornhole 10:30</p> <p>Bridge 12:30</p> <p>Mexican Train 12:30</p> <p>Bible Study 2:00</p> <p>Presentation: Bird Alliance of NM 4:00</p>	<p>22</p> <p>Walking Group 9:00</p> <p>Pickleball (Men's) 9:00</p> <p>Bocce Ball 9:30</p> <p>MIIT (T) 9:00</p> <p>Women's Double Tennis 9:00</p> <p>Bocce Comm Mtg 11:00</p> <p>Hand &amp; Foot 12:30</p> <p>Chess 1:00</p> <p>Bluegrass Jam 1:00</p> <p>Happy Hour 4:30</p>	<p>23</p> <p>Pickleball (Coed) 9:00</p> <p>German Group 10:00</p> <p>Scrabble 11:00</p> <p>Poker 12:30</p>
<p>24</p> <p>Running Group/ Walk-to -Jog 9:00</p> <p>Pickleball (Women's) 9:00</p> <p>Golf 9:00 Tee Time at Ladera Golf Course</p> <p>Bocce Ball Brunch 10:00</p> <p>Hand &amp; Foot 12:30</p> <p>2:00 Spanish LGBTQ Happy Hour 4:00</p>	<p>25</p> <p>MIIT (T) 8:45</p> <p>Pickleball (Men's) 9:00</p> <p>Walking Group 9:00</p> <p>Bocce Ball 9:30</p> <p>Restorative Yoga**(10:00)</p> <p>Finance Comm 10:00</p> <p>Ladies' Poker 12:30</p> <p>Men's Poker 12:30</p> <p>Line Dancing 12:30</p> <p>Bridge 12:30</p> <p>Pinochle 4:00</p>	<p>26</p> <p>Pickleball (Women's) 9:00</p> <p>Regular Yoga (CC) 9:15</p> <p>Tennis 9:30</p> <p>Gentle Yoga (CC) 10:30</p> <p>Bridge 12:30</p> <p>Euchre 1:00</p> <p>Buddhist Meditation 2:00</p> <p>Chinese Mah Jongg 5:00</p>	<p>27</p> <p>Running Group/ Walk-to-Jog 9:00</p> <p>Zumba Gold 9:00</p> <p>Pickleball (Coed) 9:00</p> <p>Board Regular Session 9:00</p> <p>Collage Group 10:00</p> <p>Tai Chi Chih 10:00 (JKR)</p> <p>Executive Mtg 10:30 (M-East)</p> <p>American Mah Jongg 12:30</p> <p>Poker 12:30</p> <p>Fiber Crafts 3:00</p> <p>Amenity Center Closes at 4pm</p>	<p>28</p> <p>Amenity Center Closed</p> <p>Thanksgiving Day</p>	<p>29</p> <p>Walking Group 9:00</p> <p>Pickleball (Men's) 9:00</p> <p>Bocce Ball 9:30</p> <p>MIIT (T) 9:00</p> <p>Women's Double Tennis 9:00</p> <p>Hand &amp; Foot 12:30</p> <p>Chess 1:00</p> <p>Bluegrass Jam 1:00</p> <p>Happy Hour 4:30</p>	<p>30</p> <p>Pickleball (Coed) 9:00</p> <p>German Group 10:00</p> <p>Scrabble 11:00</p> <p>Poker 12:30</p>