



EVENTS, PRESENTATIONS, & FITNESS CALENDAR SEPTEMBER 2024 (1st-15th)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>Running Group & Walk-to-Jog 8:00 Pickleball (Women's) 9:00 Golf 9:00 Tee Time at Ladera Golf Course Hand & Foot 12:30 2:00 Spanish</p>	<p>2</p> <p>Walking Group 8:00 Pickleball (Men's) 9:00 Aqua Zumba 9:00 Bocce Ball 9:00 Restorative Yoga **10:00 Ladies' Poker 12:30 Men's Poker 12:30 Bridge 12:30</p> <p>Labor Day Amenity Center Hours: 8am-4pm</p>	<p>3</p> <p>Tennis 8:30 Pickleball (Women's) 9:00 Regular Yoga (TC) 9:15 Christian Community 10:00 Gentle Yoga (TC) 10:30 Bridge 12:30 Neighborhood Association 1:00 Euchre 1:00 Buddhist Meditation 2:00 Chinese Mah Jongg 5:00 Talking Tuesday 5:00</p>	<p>4</p> <p>Running Group/Walk to Jog 8:00 Pickleball (Coed) 9:00 ARC 11:30 Collage Group 10:00 Tai Chi Chih 10:00 (JKR) American Mah Jongg 12:30 Poker 12:30 Strong Bodies 2:00 Strong Bodies 3:00 Fiber Crafts 3:00 Rummikub 5:00 Astronomy Group 5:00</p>	<p>5</p> <p>Tennis 8:30 Pickleball (Coed) 9:00 Shooting Sports 9:00 ARC 9:30 Tennis 9:00 Regular Yoga (RF) 9:15 Gentle Yoga (RF) 10:30 Cornhole 10:30 Bridge 12:30 Mexican Train 12:30 Bible Study 2:00</p>	<p>6</p> <p>Pickleball (Men's) 9:00 Walking Group 8:00 MIIT (T) 9:00 Bocce Ball 9:00 Women's Double Tennis 9:00 Hand & Foot 12:30 Chess 1:00 Bluegrass Jam 1:00 Happy Hour 4:30</p>	<p>7</p> <p>Pickleball (Coed) 9:00 German Group 10:00 Aqua Aerobics (M) 11:00 iPhone Workshop 1-4 MGB Silent Auction 4:00</p>
<p>8</p> <p>Running Group & Walk-to-Jog 8:00 Pickleball (Women's) 9:00 Golf 9:00 Tee Time at Ladera Golf Course Hand & Foot 12:30 2:00 Spanish Open House</p>	<p>9</p> <p>Pickleball (Men's) 9:00 Walking Group 8:00 Aqua Zumba 9:00 Bocce Ball 9:00 Restorative Yoga ** (10:00) Ladies' Poker 12:30 Men's Poker 12:30 Bridge 12:30 Strong Bodies 2:00 Strong Bodies 3:00 Pinochle 4:00</p>	<p>10</p> <p>Tennis 8:30 Pickleball (Women's) 9:00 Regular Yoga (RF) 9:15 Conservative Interest Group 10:00 Gentle Yoga (RF) 10:30 Bridge 12:30 Euchre 1:00 Buddhist Meditation 2:00 Chinese Mah Jongg 5:00</p>	<p>11</p> <p>Running Group/Walk to Jog 8:00 Pickleball (Coed) 9:00 Aqua Zumba 9:00 Board Agenda Setting Meeting 9:00 Collage Group 10:00 Tai Chi Chih 10:00 (JKR) Jewish Group 11:00 Craft Beer 1:30 American Mah Jongg 12:30 Poker 12:30 Strong Bodies 2:00 Fiber Crafts 3:00 Rummikub 5:00 Golf Interest Group 5:30 Men's Pickleball Tournament 6:30</p>	<p>12</p> <p>Tennis 8:30 Pickleball (Coed) 9:00 Regular Yoga (RF) 9:15 Estate Basics with Pickle Law Firm 10:00 Gentle Yoga (RF) 10:30 Cornhole 10:30 Lunch & Learn with On Core Solar 11:00 Bridge 12:30 Mexican Train 12:30 MGB Mtg 1:00 Bible Study 2:00 Debate Society 5:00 Women's Pickleball Tournament 6:30</p>	<p>13</p> <p>Walking Group 8:00 MIIT (T) 9:00 Pickleball (Men's) 9:00 Bocce Ball 9:00 Women's Double Tennis 9:00 Finance Budget 10:00 Hand & Foot 12:30 Bluegrass Jam 1:00 Chess Group 1:00 Retirement Interest Group 2:00 Happy Hour 4:30</p>	<p>14</p> <p>Pickleball (Coed) 9:00 German Group 10:00 Pop-Up Zumba Gold 10:00 Aqua Aerobics (M) 11:00 MGB Gala 4:00</p>
<p>15</p> <p>Running Group/Walk-to-Jog 8:00 Pickleball (Women's) 9:00 Golf 9:00 Tee Time at Ladera Golf Course Hand & Foot 12:30 Acoustic Jam 1:00 2:00 Spanish Jesus Christ Superstar at the ALT 2:00</p>	<p>FITNESS INSTRUCTORS</p> <p>Roberta Forester (RF) Restorative Yoga, Regular Yoga, Gentle Yoga Terri Johnson (T) Aqua Zumba & MIIT Star Tierra (ST) Line Dancing Tonya Conklin (TC) Restorative Yoga Cheri Koinis (CK) Restorative Yoga Judy Kistler-Robinson (JKR) T'ai Chi Chih Moses Winston (M) Aqua Aerobics</p>			<p>Manzano Room Cottonwood Room Movement Room Sports Court Fitness Room/ Gym Patio Off-site or Zoom Pool</p>	<p>Sandia Center Summer Hours Mon-Fri 6:00am-8:00pm Sat-Sun 7:00am-7:00pm</p>	<p>Pool and spa are open daily 6am-10pm Children's pool hours 11am-2pm Sun-Fri and 12-3pm on Sat.</p>
<p>**Restorative Yoga is taught by Roberta Forester, Tonya Conklin or Cheri Koinis</p>						



EVENTS, PRESENTATIONS, & FITNESS CALENDAR

SEPTEMBER 2024 (16th-31st)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
<p>Manzano Room Cottonwood Room Movement Room Sports Court Fitness Room/ Gym Patio Off-site or Zoom Pool</p>	<p>16 Pickleball (Men's) 9:00 Walking Group 8:00 Bocce Ball 9:00 Ladies' Poker 12:30 Men's Poker 12:30 Bridge 12:30 Pinochle 4:00 Book Club 5:30</p>	<p>17 Tennis 8:30 Pickleball (Women's) 9:00 Regular Yoga (RF) 9:15 Amazon Trou 9:30 Virtual Reality 10:00 Gentle Yoga (RF) 10:30 Men's Brunch 11:00 Lunch & Learn with Kickstand Cycles 11:30 Bridge 12:30 Euchre 1:00 Buddhist Meditation 2:00 Chinese Mah Jong 5:00</p>	<p>18 Running Group/Walk-to-Jog 8:00 Pickleball (Coed) 9:00 Aqua Zumba 9:00 Tai Chi Chih 10:00 Fearless Radiance 10:00 Collage Group 10:00 ARC 11:30 American Mah Jongg 12:30 Poker 12:30 Retirement Investment Group 1:00 (will resume in Oct.) Strong Bodies 2:00 Fiber Crafts 3:00 Rummikub 5:00 Men's Pickleball Tournament 6:30</p>	<p>19 Tennis 8:30 Pickleball (Coed) 9:00 Regular Yoga (RF) 9:15 ArtWorks 10:00 Gentle Yoga (RF) 10:30 Cornhole 10:30 Bridge 12:30 Mexican Train 12:30 Bible Study 2:00 StrongBodies 3:00 Democrats Information Mtg 4:30 Women's Pickleball Tournament 6:30</p>	<p>20 Pickleball (Men's) 9:00 Walking Group 8:00 Bocce Ball 9:00 MIIT (T) 9:00 Women's Double Tennis 9:00 Hand & Foot 12:30 Chess 1:00 Bluegrass Jam 1:00 Birthday Celebration Happy Hour with Food Truck 4:30</p>	<p>21 Vitalant Blood Drive 8am-12pm Pickleball (Coed) 9:00 German Group 10:00 Rinconada Hiike 10:00 Aqua Aerobics (M) 11:00 Poker 12:30 Private Event 1:00 Progressive Dinner 4:30</p>		
<p>22 Running Group/Walk-to -Jog 8:00 Pickleball (Women's) 9:00 Hand & Foot 12:30 Golf 1:00 Tee Time at Ladera Golf Course 2:00 Spanish</p>	<p>23 Pickleball (Men's) 9:00 Walking Group 8:00 Bocce Ball 9:00 Restorative Yoga**10:00 Writer's Group 10:00 (zoom) Finance Comm 10:00 Ladies' Poker 12:30 Bridge 12:30 Men's Poker 12:30 Strong Bodies 2:00 Strong Bodies 3:00 Pinochle 4:00</p>	<p>24 Tennis 8:30 Pickleball (Women's) 9:00 Regular Yoga (RF) 9:15 Gentle Yoga (RF) 10:30 Lunch & Learn with Balanced Physical Therapy 11:30 Ladies Lunch 11:30 Bridge 12:30 Euchre 1:00 Buddhist Meditation 2:00 Chinese Mah Jong 5:00</p>	<p>25 Running Group/Walk-to-Jog 8:00 Pickleball (Coed) 9:00 Aqua Zumba 9:00 Board Regular Session 9:00 Tai Chi Chih 10:00 (JKR) Collage Group 10:00 American Mah Jongg 12:30 Poker 12:30 Strong Bodies 2:00 Fiber Crafts 3:00 Rummikub 5:00 Men's Pickleball Tournament 6:30</p>	<p>26 Tennis 8:30 Pickleball (Coed) 9:00 Regular Yoga (CC) 9:15 Gentle Yoga (CC) 10:30 Cornhole 10:30 Bridge 12:30 Mexican Train 12:30 Bible Study 2:00 Strong Bodies 3:00 CBD 101 Presentation 4:00 Women's Pickleball Tournament 6:30</p>	<p>27 Walking Group 8:00 Pickleball (Men's) 9:00 Bocce Ball 9:00 MIIT (T) 9:00 Women's Double Tennis 9:00 Baguette Baking Class 10:00 Hand & Foot 12:30 Chess 1:00 Bluegrass Jam 1:00 Happy Hour 4:30</p>	<p>28 Pickleball (Coed) 9:00 Neighborhood Watch Captain Mtg. 9:00 German Group 10:00 Pop-Up Zumba Gold 10:00 Aqua Aerobics (M) 11:00 Poker 12:30 Live Music with Chris Raven 6:00</p>		
<p>29 Running Group/Walk-to -Jog 8:00 Pickleball (Women's) 9:00 MGB Volunteer Mtg 10:00 Baguette Baking Class 10:00 Hand & Foot 12:30 Golf 1:00 Tee Time at Ladera Golf Course 2:00 Spanish LGBTQ Happy Hour 4:00 Neighborhood Association 4:00</p>	<p>30 Pickleball (Men's) 9:00 Walking Group 8:00 Aqua Zumba 9:00 Bocce Ball 9:00 Bucket Buddies 10:00 Restorative Yoga ** (10:00) Ladies' Poker 12:30 Men's Poker 12:30 Line Dancing 12:30 Bridge 12:30 Strong Bodies 2:00 Strong Bodies 3:00 Pinochle 4:00 Neighborhood Association Members Mtg 4:00 Medicare 101 Presentation 4:00</p>	<p><u>FITNESS INSTRUCTORS</u></p> <p>Roberta Forester (RF) Restorative Yoga, Regular Yoga, Gentle Yoga</p> <p>Terri Johnson (T) Aqua Zumba & MIIT</p> <p>Star Tierra (ST) Line Dancing</p> <p>Tonya Conklin (TC) Restorative Yoga</p> <p>Cheri Koinis (CK) Restorative Yoga</p> <p>Judy Kistler-Robinson (JKR) T'ai Chi Chih</p> <p>Moses Winston (M) Aqua Zumba</p> <p>Carl Cerco (CC) Yoga Sub</p>				<p>Pool and spa are open daily 6am-10pm</p> <p>Children's pool hours 11am-2pm Sun-Fri and 12-3pm on Sat.</p>		<p>Sandia Center Summer Hours</p> <p>Mon-Fri 6:00am-8:00pm</p> <p>Sat-Sun 7:00am-7:00pm</p>
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