

EVENTS, PRESENTATIONS, & FITNESS CALENDAR

February 2024 (1st-15th)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Sandia Center Winter Hours</p> <p>Mon-Fri 6:00am-7:00pm</p> <p>Sat-Sun 7:00am-6:00pm</p> <p>Manzano Room Cottonwood Room Movement Room Sports Court Fitness Room/ Gym Patio Off-site or Zoom</p>	<p><u>FITNESS INSTRUCTORS</u></p> <p>Roberta Forester (RF) Restorative Yoga, Regular Yoga, Gentle Yoga</p> <p>Terri Johnson (T) Zumba Gold & MIIT</p> <p>Star Tierra (ST) Line Dancing</p> <p>Tonya Conklin (TC) Restorative Yoga</p> <p>Cheri Koinis (CK) Restorative Yoga</p> <p>Carl Cerco (CC) Yoga Sub</p> <p>**Restorative Yoga is led by Roberta Forester, Tonya Conklin or Cheri Koinis</p>			<p>1</p> <p>Regular Yoga (RF) 9:15</p> <p>ARC 9:30</p> <p>Pickleball (Coed) 10:00</p> <p>Pickleball Skills & Drills 10:00</p> <p>Gentle Yoga (RF) 10:30</p> <p>Cornhole 10:30</p> <p>Bridge 12:30</p> <p>Mexican Train 12:30</p> <p>Tennis 1:00</p> <p>Bible Study 2:00</p> <p>StrongBodies 3:00</p>	<p>2</p> <p>MIIT (T) 8:45</p> <p>LTC 9:00</p> <p>Bocce Ball 9:30</p> <p>Walking Group 10:00</p> <p>Pickleball (Men's) 10:00</p> <p>Zumba Gold (T) 10:00</p> <p>Hand & Foot 12:30</p> <p>Bluegrass Jam 1:00</p> <p>Chess Group 1:00</p> <p>Happy Hour 4:30</p> 	<p>3</p> <p>Pickleball (Coed) 10:00</p> <p>German Group 10:00</p> <p>MGB 10-12</p> <p>Poker 12:30</p> <p>Bridge 12:30</p>
<p>4</p> <p>Running Group & Walk-to-Jog 9:00</p> <p>Pickleball (Women's) 10:00</p> <p>Hand & Foot 12:30</p> <p>Golf 1:00 Tee Time at Ladera Golf Course</p> <p>Spanish Group 2:00</p> <p>Private Party 2:00</p>	<p>5</p> <p>Zumba Gold (T) 8:45</p> <p>Bocce Ball 9:30</p> <p>Walking Group 10:00</p> <p>Pickleball (Men's) 10:00</p> <p>Writer's Group 10:00 (zoom)</p> <p>Restorative Yoga ** (10:00)</p> <p>Line Dancing 12:30</p> <p>Ladies' Poker 12:30</p> <p>Men's Poker 12:30</p> <p>Bridge 12:30</p> <p>Neighborhood Association Mtg 1:00</p> <p>StrongBodies (T) 2:00</p> <p>StrongBodies (T) 3:00</p>	<p>6</p> <p>Regular Yoga (RF) 9:15</p> <p>Mirehaven Debate Society 10:00</p> <p>Pickleball (Women's) 10:00</p> <p>Gentle Yoga (RF) 10:30</p> <p>Intermediate Pickleball 12:00</p> <p>Bridge 12:30</p> <p>Tennis 1:00</p> <p>Buddhist Meditation Group 2:00</p> <p>MGB 2:00</p> <p>The History of Chocolate Presentation 4:00</p> <p>Chinese Mah Jongg 5:00</p> <p>Talking Tuesday 5:00</p>	<p>7</p> <p>MIIT (T) 8:45</p> <p>Running Group/ Walk to Jog 9:00</p> <p>Pickleball (Coed) 10:00</p> <p>Vinyasa Yoga 10:00</p> <p>American Mah Jongg 12:30</p> <p>Poker 12:30</p> <p>Election Committee 1:00</p> <p>StrongBodies (T) 2:00</p> <p>Fiber Crafts 3:00</p> <p>Rummikub 5:00</p> <p>NA Captains Mtg 5:00</p>	<p>8</p> <p>Shooting Sports 9:00</p> <p>Board Agenda Setting Mtg 9:00</p> <p>Regular Yoga (RF) 9:15</p> <p>Pickleball (Coed) 10:00</p> <p>Gentle Yoga (RF) 10:30</p> <p>Cornhole 10:30</p> <p>Bridge 12:30</p> <p>Mexican Train 12:30</p> <p>Tennis 1:00</p> <p>Bible Study 2:00</p> <p>StrongBodies (T) 3:00</p> <p>Craft Beer Happy Hour 5:00</p>	<p>9</p> <p>MIIT (T) 8:45</p> <p>Bocce Ball 9:30</p> <p>Walking Group 10:00</p> <p>Pickleball (Men's) 10:00</p> <p>Pickleball Lessons 10:00</p> <p>Hand & Foot 12:30</p> <p>Bluegrass Jam 1:00</p> <p>Chess Group 1:00</p> <p>Happy Hour 4:30</p>	<p>10</p> <p>German Group 10:00</p> <p>Pickleball (Coed) 10:00</p> <p>Poker 12:30</p> <p>MGB 2:00</p> <p>Christian Interest Group 4:00</p>
<p>11</p> <p>Running Group/ Walk-to-Jog 9:00</p> <p>Pickleball (Women's) 10:00</p> <p>Hand & Foot 12:30</p> <p>Golf 1:00 Tee Time at Ladera Golf Course</p> <p>Spanish Group 2:00</p> <p>Superbowl Party 4:30</p>	<p>12</p> <p>Zumba Gold (T) 8:45</p> <p>Bocce Ball 9:30</p> <p>Walking Group 10:00</p> <p>Pickleball (Men's) 10:00</p> <p>Balloon Museum Volunteering 10:00</p> <p>Restorative Yoga ** (10:00)</p> <p>Line Dancing 12:30</p> <p>Ladies' Poker 12:30</p> <p>Men's Poker 12:30</p> <p>Bridge 12:30</p> <p>NA Board Mtg 1:00</p> <p>StrongBodies (T) 2:00</p> <p>StrongBodies (T) 3:00</p> <p>Fitness: Just for the Health of It 4:00</p> <p>Book Club 5:30</p>	<p>13</p> <p>Regular Yoga (TC) 9:15</p> <p>Pickleball (Women's) 10:00</p> <p>Conservative Group 10:00</p> <p>MGB 10:00</p> <p>Gentle Yoga (TC) 10:30</p> <p>Farmers Insurance Lunch & Learn 11:30</p> <p>Intermediate Pickleball 12:00</p> <p>Bridge 12:30</p> <p>Tennis 1:00</p> <p>Buddhist Meditation Group 2:00</p> <p>Chinese Mah Jongg 5:00</p>	<p>14</p> <p>MIIT (T) 8:45</p> <p>Running Group/ Walk to Jog 9:00</p> <p>Pickleball (Coed) 10:00</p> <p>Vinyasa Yoga 10:00</p> <p>Jewish Group 11:00</p> <p>American Mah Jongg 12:30</p> <p>Poker 12:30</p> <p>Fiber Crafts 3:00</p> <p>Rummikub 5:00</p> <p>Valentines Day Dinner w/Food Truck 5:00</p> <p><i>Valentine's Day</i></p>	<p>15</p> <p>Regular Yoga (RF) 9:15</p> <p>ARC 9:30</p> <p>Pickleball (Coed) 10:00</p> <p>Pickleball Skills & Drills 10:00</p> <p>Gentle Yoga (RF) 10:30</p> <p>Cornhole 10:30</p> <p>Bridge 12:30</p> <p>Mexican Train 12:30</p> <p>Tennis 1:00</p> <p>Bible Study 2:00</p> <p>Neighborhood Watch Wind Caves 5:00</p> <p><i>Parinirvana Day</i></p>	<p> Groundhog Day 2024 will be celebrated at Gobbler's Knob in Punxsutawney, Pennsylvania. At sunrise, which is around 7:28 a.m., Punxsutawney Phil is anticipated to leave his burrow and look for his shadow for the 138th time, according to groundhog.org/.</p> <p><i>Valentine's Day (Feb. 14th) is whatever you want it to be: buy yourself some chocolate or flowers, or express your love and appreciation for the people in your life, whether they're romantic partners, friends, or family members.</i></p> <p> Feb. 15th Buddhists celebrate this day when the Buddha is said to have achieved Parinirvana, or complete Nirvana, upon the death of his physical body.</p>	

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<p>18</p> <p>Running Group/ Walk-to-Jog 9:00 Pickleball (Women's) 10:00 Hand & Foot 12:30 Acoustic Group 1:00 Golf 1:00 Tee Time at Ladera Golf Course Spanish Group 2:00</p>	<p>19</p> <p>Safety & Security Q&A 9:00 Zumba Gold (T) 8:45 Finance Comm 10:00 Bocce Ball 9:30 Walking Group 10:00 Pickleball (Men's) 10:00 Restorative Yoga** 10:00 Writer's Group 10:00 (zoom) Ladies' Poker 12:30 Men's Poker 12:30 Bridge 12:30 Line Dancing 12:30 Book Club 5:30</p>	<p>20</p> <p>Regular Yoga (RF) 9:15 Men's Breakfast 9:30 Pickleball (Women's) 10:00 Virtual Reality Group 10:00 Gentle Yoga (RF) 10:30 Lunch & Learn AMA Waterways 11:30 Intermediate Pickleball 12:00 Bridge 12:30 Tennis 1:00 Buddhist Meditation Group 2:00 MGB Mtg 2:00 Chinese Mah Jongg 5:00</p>	<p>21</p> <p>MIIT (T) 8:45 Running Group/ Walk-to-Jog 9:00 Pickleball (Coed) 10:00 American Mah Jongg 12:30 Poker 12:30 Election Committee 1:00 StrongBodies (T) 2:00 Fiber Crafts 3:00 Paint & Sip with Craft NM 4:30 Rummikub 5:00</p>	<p>22</p> <p>Regular Yoga (CC) 9:15 Pickleball (Coed) 10:00 Gentle Yoga (CC) 10:30 Cornhole 10:30 Finance Comm 11:00 Bridge 12:30 Mexican Train 12:30 Tennis 1:00 Bible Study 2:00 Structural Pruning Presentation 4:00</p>	<p>23</p> <p>MIIT (T) 8:45 Bocce Ball 9:30 Walking Group 10:00 Pickleball (Men's) 10:00 Zumba Gold (T) 10:00 Hand & Foot 12:30 Chess 1:00 Bluegrass Jam 1:00 Birthday Celebration Happy Hour w/Food Truck 4:30</p>	<p>24</p> <p>Pickleball (Coed) 10:00 German Group 10:00 Poker 12:30</p>	
<p>25</p> <p>Running Group/ Walk-to-Jog 9:00 Pickleball (Women's) 10:00 Hand & Foot 12:30 Breath: Presentation 1:00 Golf 1:00 Tee Time at Ladera Golf Course Spanish Group 2:00 LGBTQ Happy Hour 4:00</p>	<p>26</p> <p>Zumba Gold (T) 8:45 Bocce Ball 9:30 Walking Group 10:00 Pickleball (Men's) 10:00 Restorative Yoga** 10:00 Writer's Group 10:00 (Zoom) Bucket Buddies 10:00 Ladies' Poker 12:30 Line Dancing 12:30 Mens Poker 12:30 Bridge 12:30 StrongBodies (T) 2:00 StrongBodies (T) 3:00 The Origin and History of Mammals Presentation 4:00</p>	<p>27</p> <p>Regular Yoga (RF) 9:15 Pickleball (Women's) 10:00 Gentle Yoga (RF) 10:30 Women's Lunch 11:30 Intermediate Pickleball 12:00 Lunch & Learn with SunState Solar 12:00 Bridge 12:30 Tennis 1:00 Buddhist Meditation Group 2:00 Chinese Mah Jong 5:00</p>	<p>28</p> <p>MIIT (T) 8:45 Running Group/ Walk-to-Jog 9:00 Pickleball (Coed) 10:00 American Mah Jongg 12:30 Poker 12:30 StrongBodies (T) 2:00 Fiber Crafts 3:00 How Criminals Exploit Passwords & Countermeasures Presentation 4:30 Rummikub 5:00</p>	<p>29</p> <p>Board of Directors Regular Session 9:00 Regular Yoga (RF) 9:15 Pickleball (Coed) 10:00 Gentle Yoga (RF) 10:30 Cornhole 10:30 Bridge 12:30 Mexican Train 12:30 Tennis 1:00 Bible Study 2:00 StrongBodies 3:00</p>	<div style="border: 2px solid purple; border-radius: 50%; padding: 20px; text-align: center;"> <h2 style="color: white;">MARCH</h2> <h3 style="color: white;">SAVE THE DATES</h3> <div style="background-color: white; border-radius: 50%; padding: 10px; margin: 10px 0; display: inline-block;"> <p>March 17th: St. Patty Day Happy Hour </p> </div> <div style="background-color: white; border-radius: 50%; padding: 10px; margin: 10px 0; display: inline-block;"> <p>Neighborhood Association Annual Neighbors Meeting March 24th</p> </div> </div>		