

EVENTS, PRESENTATIONS, & FITNESS CALENDAR

APRIL 2024 (1st-15th)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Sandia Center Winter Hours</p> <p>Mon-Fri 6:00am-9:00pm</p> <p>Sat-Sun 7:00am-7:00pm</p> <p>Manzano Room Cottonwood Room Movement Room Sports Court Fitness Room/ Gym Patio Off-site or Zoom</p>	<p>1</p> <p>Zumba Gold (T) 8:45 Pickleball (Men's) 9:00 Bocce Ball 9:30 Walking Group 10:00 Restorative Yoga ** (10:00) Line Dancing 12:30 Ladies' Poker 12:30 Men's Poker 12:30 Bridge 12:30 Neighborhood Association Mtg 1:00 StrongBodies (T) 2:00 StrongBodies (T) 3:00</p>	<p>2</p> <p>Intermediate Yoga (W) 7:30 Pickleball (Women's) 9:00 Regular Yoga (RF) 9:15 Christian Community 10:00 Gentle Yoga (RF) 10:30 Intermediate Pickleball 11:00 Bridge 12:30 Tennis 1:00 Buddhist Meditation Group 2:00 Chinese Mah Jongg 5:00 Talking Tuesday 5:00 LTC JMA 5:30</p>	<p>3</p> <p>MIIT (T) 8:45 Running Group/ Walk to Jog 9:00 Pickleball (Coed) 9:00 American Mah Jongg 12:30 Poker 12:30 StrongBodies (T) 2:00 Fiber Crafts 3:00 Rummikub 5:00</p>	<p>4</p> <p>Intermediate Yoga (W) 7:30 Pickleball (Coed) 9:00 Annual Meeting 9:00 Pickleball Skills & Drills 9:00 Regular Yoga (RF) 9:15 ARC 9:30 Gentle Yoga (RF) 10:30 Cornhole 10:30 Bridge 12:30 Mexican Train 12:30 Eastern Philosophy 1:00 Tennis 1:00 Bible Study 2:00 StrongBodies (T) 3:00</p>	<p>5</p> <p>MIIT (T) 8:45 Pickleball (Men's) 9:00 LTC 9:00 Bocce Ball 9:30 Walking Group 10:00 Hand & Foot 12:30 Bluegrass Jam 1:00 Chess Group 1:00 Happy Hour 4:30</p>	<p>6</p> <p>Intermediate Yoga (W) 7:30 Pickleball (Coed) 9:00 German Group 10:00 Poker 12:30 Bridge 12:30</p>
<p>7</p> <p>Running Group & Walk-to-Jog 9:00 Pickleball (Women's) 9:00 Hand & Foot 12:30 Golf 1:00 Tee Time at Ladera Golf Course</p>	<p>8</p> <p>Zumba Gold (T) 8:45 Pickleball (Men's) 9:00 FC RFP 9:00 Bocce Ball 9:30 Walking Group 10:00 Restorative Yoga ** (10:00) Line Dancing 12:30 Ladies' Poker 12:30 Men's Poker 12:30 Bridge 12:30 StrongBodies (T) 2:00 StrongBodies (T) 3:00 Democrats Mtg 5:00</p>	<p>9</p> <p>Intermediate Yoga (W) 7:30 Pickleball (Women's) 9:00 Regular Yoga (RF) 9:15 Conservative Group 10:00 Gentle Yoga (RF) 10:30 Intermediate Pickleball 11:00 Bridge 12:30 Tennis 1:00 Buddhist Meditation Group 2:00 Chinese Mah Jongg 5:00</p>	<p>10</p> <p>MIIT (T) 8:45 Running Group/ Walk to Jog 9:00 Pickleball (Coed) 9:00 LTC 9:00 Collage Group 10:00 Jewish Group 11:00 American Mah Jongg 12:30 Poker 12:30 StrongBodies (T) 2:00 Fiber Crafts 3:00 Rummikub 5:00</p>	<p>11</p> <p>Intermediate Yoga (W) 7:30 Pickleball (Coed) 9:00 Agenda Setting 9:00 Shooting Sports 9:00 Regular Yoga (RF) 9:15 Gentle Yoga (RF) 10:30 Cornhole 10:30 Bridge 12:30 Mexican Train 12:30 Eastern Philosophy 1:00 Tennis 1:00 Bible Study 2:00 Debate Society 4:00 Craft Beer Happy Hour 5:00</p>	<p>12</p> <p>MIIT (T) 8:45 Pickleball (Men's) 9:00 Bocce Ball 9:30 Walking Group 10:00 Hand & Foot 12:30 Bluegrass Jam 1:00 Chess Group 1:00 Retirement Interest Group 2:00 Happy Hour 4:30</p>	<p>13</p> <p>Intermediate Yoga (W) 7:30 Pickleball (Coed) 9:00 Private Party 10:00 German Group 10:00 Poker 12:30 MGB 2:00</p>
<p>14</p> <p>Running Group/ Walk-to-Jog 9:00 Pickleball (Women's) 9:00 Coffee & Cellphones 10:00 Hand & Foot 12:00 Golf 1:00 Tee Time at Ladera Golf Course</p>	<p>15</p> <p>Zumba Gold (T) 8:45 Pickleball (Men's) 9:00 Bocce Ball 9:30 Walking Group 10:00 Writer's Group 10:00 & (zoom) Restorative Yoga ** (10:00) Line Dancing 12:30 Election Comm 12:30 Ladies' Poker 12:30 Men's Poker 12:30 Bridge 12:30 StrongBodies (T) 2:00 StrongBodies (T) 3:00 Book Club 5:30</p>	<p>FITNESS INSTRUCTORS</p> <p>Roberta Forester (RF) Restorative Yoga, Regular Yoga, Gentle Yoga Wayne Mateski (W) Intermediate Yoga Terri Johnson (T) Zumba Gold & MIIT Star Tierra (ST) Line Dancing Tonya Conklin (TC) Restorative Yoga Cheri Koinis (CK) Restorative Yoga Carl Cerco (CC) Yoga Sub</p>		<p>Grab A Neighbor and Go Saturday, April 20th—12pm-4pm</p> <p>The Department of Arts & Culture is excited to celebrate Albuquerque's 318th birthday with food, fun, live music, and local flair in the heart of the city, Albuquerque's Historic Old Town.</p>		
<p>** Restorative Yoga is taught by Roberta Forester, Tonya Conklin or Cheri Koinis</p>						

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<p>POOL OPENS IN APRIL WATCH YOUR EMAIL FOR MORE INFORMATION</p> <p>Manzano Room Cottonwood Room Movement Room Sports Court Fitness Room/ Gym Patio Off-site or Zoom</p>	<p>Sandia Center Winter Hours</p> <p>Mon-Fri 6:00am-8:00pm</p> <p>Sat-Sun 7:00am-7:00pm</p>	<p>16</p> <p>Intermediate Yoga (W) 7:30 Pickleball (Women's) 9:00 Flower Arranging Class 10:00 Regular Yoga (TC) 9:15 Gentle Yoga (TC) 10:30 Intermediate Pickleball 11:00 Bridge 12:30 Tennis 1:00 Buddhist Meditation Group 2:00 Chinese Mah Jong 5:00</p>	<p>17</p> <p>MIIT (T) 8:45 Running Group/Walk-to-Jog 9:00 Pickleball (Coed) 9:00 Mens Breakfast 9:30 Election Comm 12:30 Retirement Investment Group 1:00 American Mah Jongg 12:30 Poker 12:30 Fiber Crafts 3:00 Rummikub 5:00</p>	<p>18</p> <p>Intermediate Yoga (W) 7:30 Pickleball (Coed) 9:00 Pickleball Skills & Drills 9:00 Regular Yoga (CC) 9:15 ARC 9:30 Gentle Yoga (CC) 10:30 Cornhole 10:30 Mexican Train 12:30 Tennis 1:00 Eastern Philosophy 1:00 Bible Study 2:00 StrongBodies 3:00 MGB Bingo 4:30</p>	<p>19</p> <p>MIIT (T) 8:45 Pickleball (Men's) 9:00 Bocce Ball 9:30 Walking Group 10:00 Hand & Foot 12:30 Chess 1:00 Bluegrass Jam 1:00 Birthday Celebration Happy Hour w/Food Truck 4:30</p>	<p>20</p> <p>Intermediate Yoga (W) 7:30 Pickleball (Coed) 9:00 Rinconada Hike 10:00 German Group 10:00 Poker 12:30</p>	
<p>21</p> <p>Running Group/Walk-to-Jog 9:00 Pickleball (Women's) 9:00 Hand & Foot 12:30 Breath Workshop 1:00 Acoustic Group 1:00 Golf 1:00 Tee Time at Ladera Golf Course</p>	<p>22</p> <p>Zumba Gold (T) 8:45 Pickleball (Men's) 9:00 Bocce Ball 9:30 Walking Group 10:00 Restorative Yoga** 10:00 Ladies' Poker 12:30 Men's Poker 12:30 Bridge 12:30 Line Dancing 12:30 StrongBodies (T) 2:00 StrongBodies (T) 3:00 Passover Seder 4:00</p>	<p>23</p> <p>Intermediate Yoga (W) 7:30 Pickleball (Women's) 9:00 Finance Comm 9:00 Regular Yoga (RF) 9:15 Gentle Yoga (RF) 10:30 Intermediate Pickleball 11:00 Women's Lunch 11:30 Bridge 12:30 Tennis 1:00 Buddhist Meditation Group 2:00 Chinese Mah Jongg 5:00</p>	<p>24</p> <p>MIIT (T) 8:45 Running Group/Walk-to-Jog 9:00 Pickleball (Coed) 9:00 Science Museum Field Trip 12:00 American Mah Jongg 12:30 Poker 12:30 StrongBodies (T) 2:00 Fiber Crafts 3:00 Rummikub 5:00</p>	<p>25</p> <p>Intermediate Yoga (W) 7:30 Pickleball (Coed) 9:00 Board Mtg. 9:00 Pickleball Skills & Drills 9:00 Regular Yoga (RF) 9:15 Gentle Yoga (RF) 10:30 Cornhole 10:30 Bridge 12:30 Mexican Train 12:30 Tennis 1:00 Eastern Philosophy 1:00 Bible Study 2:00 Photography with Dan Garcia 4:00</p>	<p>26</p> <p>MIIT (T) 8:45 Pickleball (Men's) 9:00 Bocce Ball 9:30 Amazon Tour 9:30 Walking Group 10:00 Hand & Foot 12:30 Chess 1:00 Bluegrass Jam 1:00 Happy Hour 4:30</p>	<p>27</p> <p>Intermediate Yoga (W) 7:30 Pickleball (Coed) 9:00 German Group 10:00 Poker 12:30</p>	
<p>28</p> <p>Running Group/Walk-to-Jog 9:00 Pickleball (Women's) 9:00 Hand & Foot 12:30 Golf 1:00 Tee Time at Ladera Golf Course LGBTQ Happy Hour 4:30</p>	<p>29</p> <p>Zumba Gold (T) 8:45 Pickleball (Men's) 9:00 Bocce Ball 9:30 Walking Group 10:00 Restorative Yoga** 10:00 Writer's Group 10:00 and Zoom Bucket Buddies 10:00 Ladies' Poker 12:30 Line Dancing 12:30 Mens Poker 12:30 Bridge 12:30 StrongBodies (T) 2:00 StrongBodies (T) 3:00 Author Presentation with David Ryan 4:00</p>	<p>30</p> <p>Intermediate Yoga (W) 7:30 Pickleball (Women's) 9:00 Regular Yoga (RF) 9:15 AAM Access 10:00 Gentle Yoga (RF) 10:30 Intermediate Pickleball 11:00 Bridge 12:30 Tennis 1:00 Buddhist Meditation Group 2:00 Chinese Mah Jongg 5:00</p>	<div style="border: 1px dashed gray; padding: 10px; text-align: center;"> <p>FITNESS INSTRUCTORS</p> <p>Roberta Forester (RF) Restorative Yoga, Regular Yoga, Gentle Yoga Wayne Mateski (W) Intermediate Yoga Terri Johnson (T) Zumba Gold & MIIT Star Tierra (ST) Line Dancing Tonya Conklin (TC) Restorative Yoga Cheri Koinis (CK) Restorative Yoga Carl Cerco (CC) Yoga Sub</p> </div>				
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